

Proposed Scrutiny Review Outline

Review Topic (Name of review)	Hospital Discharges (delays and outcomes) and Reablement Services
Panel/Working Group etc – Members	TBA
Key Officer Contact	TBA
Relevant Portfolio Holder(s)	Cllr Izzi Seccombe; Adult Social Care Cllr Bob Stevens, Health
Relevant Corporate/LAA Priorities/Targets	<p>Corporate Priority 2 – Maximising independence for adults and older people with disabilities more choice and control in their life, the right help at the right time, easy access to information, advice, support and advocacy.</p> <ul style="list-style-type: none"> • Supporting people to remain at home living independently • Decrease ongoing home care packages due to the introduction of prevention and early intervention including reablement • Narrowing the gaps and sustainable affordable services fit for the future.
Timing Issues	<p>Reablement services are currently being rolled out across the County, the services are currently operational in 3 areas (Nuneaton and Bedworth, Stratford and North Warwickshire). The service will be introduced in Warwick District during October and then in Rugby by the end of November. During the roll out process the referral criteria has been extended to include hospital discharge. It is likely to be a few months before information about reablement of hospital discharge patients can be provided. Therefore, it is thought that January 2011 would be an appropriate time for the review to commence. This will enable the review to consider the impact the new way of working has had on hospital discharge.</p>
Type of Review	In depth review
Resource Estimate	<p>If commissioned this review is likely to take somewhere between 3-4 months to complete the review i.e. up to having an agreed final report ready for submission to committee. This is potentially a complex review. A provisional estimate of scrutiny officer support is between 288 to 312 hours or 48-52 days depending on the actual methodology used by the review. This assumes a review planning meeting, 4 evidence sessions, evidence review meeting, meeting to develop conclusions and recommendations and between 4-5 local site visits (a best practice visit outside the county is not included). The resource estimate includes arrangements for meetings, research time, liaison and contact with witnesses and write up of evidence and the final report.</p>

Rationale
(Key issues and/or reason for doing the review)

The longer people remain in hospital the more dependant they become and the more difficult it becomes to rehabilitate back to independent living, creating an increased pressure on adult social care services.

Getting people out of hospital and back into independent living at the earliest opportunity is cost effective for both health and adult social care services and a better outcome for the individual. Whilst it is important to ensure that discharges are timely, it is also fundamentally important to ensure that the outcome of the discharge is appropriate to individual needs. Government guidance states that no one should be admitted to residential care directly from hospital. Currently, it is thought that the numbers of people admitted to residential care direct from hospital in Warwickshire is too high. There is a need to ensure that health and social care services are working effectively in partnership to ensure timely discharges and appropriate discharge outcomes.

Outturn performance for 2009/10 comments on two key areas for improvement

We have missed our target to reduce the number of **delays of transferring patients from hospital to care**. This is an important partnership issue because although social care delays remain very low, delays that are the responsibility of the NHS make up over three quarters of the outturn for this indicator. Positive work has been undertaken with acute hospital trusts to identify and resolve delays across the health and social care system; both at an operational and strategic level such as transforming community based services. This is an important measure because it can impact on some of the most vulnerable and frail people in the County, who are caught up in the complex issues involved.

We also need to continue to rollout the '**Reablement**' service across the County. The service is designed to help people to regain the skills and confidence they need to live independently at home, particularly after an illness or spell in hospital. We will need to work with colleagues in the PCT to ensure the service forms part of a single or coordinated intermediate care service.

<p>Objectives of Review (Specify exactly what the review should achieve)</p>	<ol style="list-style-type: none"> 1) To establish how effectively health and social care services are working in partnership to ensure timely discharges and appropriate discharge outcomes 2) To identify the factors which cause delays in discharging people from hospital and lead to inappropriate discharge outcomes and to consider the effectiveness of any plans/actions which have been taken to address the issues. 3) To identify the barriers to improve hospital discharges (process and outcomes) and the affordable options or solutions which would enable improved outcomes for people 4) To assess the impact the reablement services has had on hospital discharges and outcomes 5) To identify whether there are inequalities across the county, differential waiting/assessment times or differential outcomes. 6) To identify whether there are areas where improved working with partners could improve the outcomes for people and reduce demands on resources. 7) To reduce the number of delayed discharges from hospital 8) To reduce the number of people admitted directly to residential care from hospital
<p>Scope of the Topic (What is specifically to be included/excluded)</p>	<p><u>Include</u> The following is included in the scope of the review:</p> <ul style="list-style-type: none"> • TBC <p><u>Excluded</u> The following falls outside the scope of the review:</p> <ul style="list-style-type: none"> • TBC
<p>Indicators of Success – Outputs (What factors would tell you what a good review should look like?)</p>	<ul style="list-style-type: none"> • Recommendations accepted and implemented to deliver improvements
<p>Indicators of Success – Outcomes (What are the potential outcomes of the review e.g. service improvements, policy change, etc?)</p>	<ul style="list-style-type: none"> • Recognisable improvements in discharge processes and outcomes • Reduction in number of delayed hospital discharges • Reduction in number of people admitted to directly to residential care from hospital
<p>Other Work Being Undertaken (What other work is currently being undertaken in relation to this topic, and any appropriate timescales and deadlines for that work)</p>	